

# THE CORDOVAN

Volume 8 Number 1  
January 1984

## CORDOVA BAY COMMUNITY RECREATION PROGRAM OPPORTUNITIES

During this past week, we should all have received a brochure from SAANICH PARKS AND RECREATION, offering something we haven't seen much of here in recent years - entertaining programs for children and adults, right here in Cordova Bay. No more long drives on cold or rainy nights to find something amusing to do. Saanich is just now able to offer these activities, because it can at last make use of the schools here. They've chosen activities they hope will interest us: whether the programs take place - and whether Saanich bothers to make any activities available to us in future - depends completely on the response they get to this Winter/Spring '84 program.

You can begin registering on Monday, January 16, in person or by mail, at the Municipal Hall, 770 Vernon Avenue, from 8:30 to 4:30 p.m. weekdays. The activities begin the week of January 30th.

For further information, call 386-2241, local 323, and if there's some activity you'd like to see given in Cordova Bay and it's not in this present program, let them know that too.

### Cordova Bay Elementary School

#### Youth Activities:

Badminton Instruction (8-13 yrs.)  
Babysitters' Training (12-15 yrs.)  
Acting for Teenagers  
Gymnastics (6-11 yrs.)  
Karate (8-12 yrs.)  
Mini Basketball (9-12 yrs.)  
Jazz Dance (8-11 yrs.)  
Creative Drama (5-10 yrs.)  
Pottery (5-8 yrs.); (8-12 yrs.)  
Dungeons & Dragons (7-11 yrs.)  
Outdoor Awareness (7-11 yrs.)  
Sports Unlimited (8-10 yrs.)  
Strategy Games (6-9 yrs.)

\*A whole range of opportunities are also scheduled after school at Lochside Elementary such as Chess, Sing for Fun and more!

### Claremont Senior Secondary School

#### Adult Activities:

Drawing  
Water Colour Painting  
Wood Carving (Beg.)  
Minor Household Repairs  
Camera Techniques  
Genealogy  
Mini Course (Cake Decorating)  
Speciality Food Workshops -  
Tofu & You; Quiches

### Cordova Bay Elementary School

#### Adult Activities:

Sing Along for Fun  
Badminton Instruction  
Badminton Social  
Hatha Yoga  
Moderate Fitness to Music  
(twice weekly)

\* \* \* \* \*

IF YOU ARE ELDERLY, OR KNOW SOMEONE WHO IS, TAKE A LOOK AT THIS!

### The Mount Newton Day Care Centre for the Elderly

It's the most surprising "day care centre" we've ever seen - not drab or institutionalized, or only for people who have lost their health and spirit.

It's in the old John homestead, up beside Saanich Peninsula Hospital, and it looks just like the home it once was - comfortable chairs, a piano, large-type books, lace curtains at the windows - warm! - with lots of things going on, but plenty of opportunity to just relax over a cup of tea if that's what you want. And the pleasantest company you can imagine - both those who work there, and those who go there.

You can find whatever you want and need there - help with some of your problems, or just a good time. You can garden - they have lots of space, and a little greenhouse as well - or get your hair set, or be helped with a bath, or get your feet seen to. They keep a watching brief on your health, too, if necessary - give you a dental checkup, or change dressings, or make sure you're getting the right medication, things you might not want to

(Continued overleaf)

DAY CARE (continued)



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- ETC. ETC. ETC.

5134 Cordova Bay Rd., 658-5722

make a special visit to your doctor for. You can play bridge, or do crafts, or sing, and they have short outings and regular trips to a shopping centre. They'll pick you up and deliver you home (\$1.00 round trip), and you can have a hot meal there at noon for only \$2.00.

The Centre is open five days a week, and has room - and time - for almost sixteen people each day. If you want to try it, either for fun or for help, call Patsy Berger-North at 652-3432, and they'll send someone out to talk to you to see what would suit you best. (That person can also tell you about getting help with your housework or minor repairs to your house.)

If you want to know more about it, we're hoping to place some of their brochures in the churches and at one or other of the shops in the plaza. Or call Gwen MacPherson, 658-5451, or Sheilagh Ogilvie, 658-8937.

VOLUNTEERS

The Mount Newton Centre would be happy to get volunteers to help with all the activities they carry out. People with special skills are welcome, of course - craftspeople, people who play the piano, etc. - but volunteers help there in all kinds of ways - setting hair, gardening, writing letters, keeping the photograph album up, or just plain visiting. Call Patsy Berger-North at 652-3432: she'll be delighted to hear from you.

\* \* \*

CORDOVA BAY'S VOLUNTEER DRIVERS

Are you aware that this organization has been operating very successfully for several years now in Cordova Bay.

With new people moving into the area, we want to remind you of this very worthwhile volunteer group, co-ordinated by Mrs. Muriel Hartley. If an elderly resident needs a visit to the doctor, dentist, X-ray, etc., but is unable to drive or use the public transit system, Mrs. Hartley will try to find a volunteer to do the job. She has a list of "faithfuls", but is always in need of new drivers. If you can spare an hour once in a while, please call Muriel at 658-5910 and offer your services. Or if you know of an elderly neighbour in need of a lift, let her know.

Muriel will be away until February 6, so Mrs. Gerry McKenzie, 658-5604 is filling in for her.

\* \* \*

SAANICH RECREATION STILL WANTS INSTRUCTORS

The programs Saanich Rec. is bringing out to Cordova Bay at the end of January are in the nature of try-ons - to see what we would like to have out here. They rely, of course, on the availability of instructors which Saanich likes to draw from the community as much as possible.

So again, if you have a skill you would like to teach, please call Jane Glen at the Municipal Hall, 386-2241, local 323.

\* \* \* \* \*

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CORDOVA BAY UNITED CHURCH

Sunday Worship and Sunday School 10 a.m.  
Rev. W. Waddell, 658-5911 (Home 652-3561)

Messengers, Explorers, C.G.I.T. & High School Youth Group continue as outlined in the September Cordovan. A Growth Group will be starting in the spring. Anyone interested, contact Rev. Waddell.

\* \* \* \* \*

TO WHOM IT MAY CONCERN

In reply to problem re Cordova Bay School grounds in the November Cordovan: yes, it's true we walk our dogs there and they can and do relieve themselves. However, they do not leave behind broken beer and whisky bottles, empty cigarette packets, papers - to mention only a few items.

I realize they (the dogs) create a problem, but if everyone would do (as I do) one small thing: take a plastic bag and a trowel with them, scoop up the unwanted "presents", bring them home and flush the bag contents down the toilet, the problem would be solved.

I'm an old woman and would find it difficult to take my dog elsewhere. We enjoy our ten minutes walk, and Tawny is a great favourite with the children. But she never goes out alone, so I can keep an eye on her. As to the dogs that are just turned out to fend for themselves, that is another matter.

Thanking you,  
Doris Olds  
5221 Sapphire Road

658-1072

\* \* \*

CORDOVA BAY CO-OP PRE-SCHOOL

is beginning registration on February 1st for September, 1984. For information, call

Margot Gurney 658-5396  
Diane Thompson 658-1479  
Kelly Zozula 658-8467

\* \* \*

GIRL GUIDES

Heather Eassie	Julie Trenholme
Susan Moffatt	Kerry-Lee Halkett
Carla Waugh	Mara Cosh

These girls have earned their All-Round Cord, which is the highest honour in Girl Guides. The Cords were presented by the District Commissioner, Sandy Engels, on January 9, 1984, at a special ceremony and tea.

Over the Christmas holidays, a group of Girl Guides took homemade gifts and cookies to patients at Saanich Peninsula Hospital, and entertained with carols.

As well, the Guides are looking for a new leader. If you can help, phone Mrs. Norma Fitzgerald, 658-8767.

Part of the Girl Guide program for girls up to 12 years old includes helping people. If anyone needs services such as shopping, gardening, babysitting, or knows someone in need of such services, call Norma Fitzgerald, 658-8767.

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\* \* \*



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CORDOVA BAY WALKING GROUP

Wednesdays, 9:30 a.m. sharp at the shopping plaza

RAIN OR SHINE

EVERYBODY WELCOME

January 25	Heritage Houses
February 1	Goldstream/Finlayson Road
February 8	Horth Hill
February 15	Fairfield/Gonzales
February 22	Scafe Hill (LUNCH)
February 29	Colquitz (WEAR BOOTS)
March 7	Railroad - Lindholm Rd.

\* \* \*

WANTED TO RENT - URGENT!

We urgently need to find a 2-bedroom house to rent in the Cordova Bay area. We'd much appreciate hearing from anybody who knows of anything available or coming up soon. Please call Bente Rehm at 658-8825 or 658-8333, or leave a message at the Craft Store at Mattick's Farm.

\* \* \*

CORDOVA BAY NEW HORIZONS

St. David's Church Hall

ended its 1983 season with a most successful Christmas party on December 15 - bingo, carol-singing, and a delightful tea were enjoyed by all. In 1984 we will be opening one day a week - each Thursday - for bowling in the morning, a hot soup lunch, and bridge, cribbage, darts or just tea and chat in the afternoon. Join us and bring a friend.

Every fourth Tuesday evening, at 8 p.m., we have a film show. Everyone welcome. Call Kay Sinclair 658-5063 for further information.

HAPPY NEW YEAR!

\* \* \*

VOLUNTEER DISTRIBUTORS FOR THE CORDOVAN

The Cordovan is a community effort, made up, typed and printed by residents, but also delivered regularly and well by people in Cordova Bay. Sometimes these volunteers get ill; sometimes they want to take a holiday.

WE NEED a few substitutes: people who will deliver a route occasionally, in times of need. Please call Barbara Peterson, 658-8069. And present volunteers, please call Barbara also if you think you may be away when the next issue comes out, and she will find an alternative deliverer.

\* \* \*

Watch for the opening in early February of a new store at Mattick's Farm.

THE CRAFT GALLERY

will be operated by Bente Rehm Handcrafts with constantly changing exhibitions and demonstrations of crafts, art and more. Further details in the next Cordovan.

\* \* \*

THE CORDOVAN

Advertising:	Joan Noble	658-1139
Delivery:	Barbara Peterson	658-8069
Production:	Dave Allan	658-1134
Copy:	Sheilagh Ogilvie	658-8937
	Valerie Kent	658-8810
	Myrtle Dyer	658-8833
	Gwen MacPherson	658-5451