

President's Report by Roger Stonebanks

CBA succeeds in many community issues

THE PAST YEAR was another busy one for your executive with land use questions dominating our activities. We received 22 presentations at our meetings involving 13 properties compared with 15 presentations for 11 properties in the previous year – sometimes a proposal requires more than one presentation.

We continued to be successful in persuading property owners to voluntarily agree to restrictive covenants limiting the maximum house size to less than the maximum permitted in the zoning bylaw. Current rezoning/subdivision applications are listed on the CBA website – www.cbasn.com – under “Rezoning” and under “What’s New In Your Neighbourhood” on the Saanich website – www.saanich.ca

The year saw council drop its plan to sell 0.6 of an acre of municipal property at the southwest end of Doumac Avenue after a public outcry and an adverse geo-technical engineering report. As well, Cordova Bay Community Club

members agreed to build a new home next to the aging community hall on Sutcliffe Road. Cordova Bay Soccer Club revised its plan for converting two soccer fields at Lochside Park to artificial turf to one field. Saanich changed direction on the next sidewalk improvement on Cordova Bay Road and work should start this year on the west side from Maxine Lane to Sunygrove Terrace. .

The CBA’s second Cordova Bay Day at Mattick’s Farm raised funds for community benches.

The CBA's finances continued to improve and this, together with fund-raising on Cordova Bay Day on June 9 this year at Mattick's Farm, will enable us to continue funding community improvements but also to make donations to Cordova Bay community groups. For example, the CBA donated \$1,000 to the Haliburton Community Organic Farm Society (www.haliburtonfarm.org) that runs Haliburton

Continued on Page 2

CORDOVA BAY ASSOCIATION EXECUTIVE

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Cordova Bay Association, P.O. Box 41004, Cordova Bay Post Office, Victoria, B.C. V8Y 3C8.
 The CBA's web site is www.cbasn.com and includes an on-line version of The Cordovan.


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President's Report

Continued from Page 1

Farm. Our membership passed the 300-mark for the first time in many years. We welcome new members – our website shows how to do this by mail.

Our annual general meeting will be held on Thursday, April 12 at 7:30 p.m. at Cordova Bay United Church main hall.

This will be an opportunity to join the CBA in person. Mayor Frank Leonard will be the guest speaker and there will be a question and answer period followed by a refreshment break and then the CBA annual business meeting. Please plan on attending.

Thanks to everyone who played a part in the association's successful 2006. — Roger Stonebanks.

Group seeks to protect unique Garry Oaks

INFORMING owners of Garry Oaks located on private land about the unique nature of these trees is the aim of a leaflet designed by the Garry Oak Meadow Preservation Society (GOMPS).

Intended for distribution throughout Greater Victoria, the leaflet alerts property owners to appreciate the privilege of having these special and endangered assets of nature. According to GOMPS, Garry Oaks are in urgent need of responsible stewardship.

The society is calling for volunteers to distribute its brochure in neighbourhoods with Garry Oaks. Interested persons should phone Pierre d'Estrubé at 477-2410 or contact him via email at destrube@shaw.ca.

Another form of tree preservation involves removing English ivy growing on any tree. This unfriendly non-native plant will eventually become so dense that it blocks light from the tree's foliage, causing it to die.

For information on removing English ivy phone Saanich Parks at 475-5522. Your call will be directed to an expert or a member of GOMPS.

Soccer club revises plan for artificial turf at Lochside Park

CORDOVA BAY Soccer Club has scaled back its plan for artificial turf at Lochside Park. The club is now proposing to convert only one grass field instead of two—the field at the northeast corner of the park.

The club has estimated the cost of this conversion at \$1.2 million. Saanich has agreed to provide a capital contribution of \$100,000 and another \$100,000 was promised from a townhouse development resulting in the loss of a soccer field on Cordova Bay Road on the ridge. The balance of around one million dollars must be fund-raised by the club.

Both Saanich Parks department and the club have stated that the club will be primarily responsible for the eventual replacement of any artificial turf field. It has been estimated that artificial turf fields will last about 15 years.

The club has stated that one additional floodlight will be required under its plan, but add that it will be pointed away from houses. Use of an artificial turf field could include non-soccer sports.

Artificial turf would enable soccer to be played from mid-December to mid-January when natural grass fields are closed due to wet conditions and during the summer when these fields are closed again for re-seeding.

The soccer club held a neighbourhood meeting last November at which parking problems were one of the issues raised. The club has provided Saanich Parks with a list of proposals to alleviate such problems and these are now being studied.

A public information and input meeting organized by Saanich Parks was expected to be held this month but the date had not been announced when *The Cordovan* went to press in late February.

The soccer club has 550 players, nearly all of whom live in Cordova Bay, and the club also uses Lochside Park to host matches and tournaments with visiting teams from many other localities.



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Saturday, June 9

10:00 a.m. to 3:00 p.m.

Complimentary brunch courtesy of McMorran's Restaurant
at McMorran's Beach House, 5109 Cordova Bay Road

offering waffles, scrambled eggs, fruit,
from 10:00 a.m. to 1:00 p.m.

Live music, historic photo display

Mattick's Farm Courtyard

5325 Cordova Bay Road

Silent auction of dozens of great
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Proceeds of the auction will support the

Cordova Bay Association's

Fund-raising initiatives for the local community.



Haliburton Community Organic Farm
Apprentice program
now well under way

THIS PAST SUMMER Haliburton Community Organic Farm featured the first farm stand and apprenticeship program. The farm stand featured a variety of zucchini, cucumbers, sunflowers, bouquets, tomatoes, basil, cilantro, purslane, salad greens, artichokes, squash, beets, tomatillos, arugula and garlic.

This first apprenticeship program accomplished a great deal at the farm. Under the guidance and mentoring of Tina Fraser Baynes, the farm manager, apprentices worked through a curriculum in organic farming. The group made three field trips as part of their program. One trip was to a farmer who had to restart her farm after moving. At the same time everyone learned how to make compost tea. . A second field trip provided an opportunity for a lesson in garlic planting. The group toured the garden, weeded with other farmers who are growing at that location and discussed filtration pond plans. An organic farm in Sooke was the destination of another memorable field trip and much was learned about seed saving.

In other news, Haliburton Farm has been chosen by Mountain Equipment Co-op to receive an Urban Sustainability Grant. These funds will be directed towards a wetland restoration project on the farm, led by the University of Victoria School of Environmental Studies. A professor and five of her students will be restoring a vernal pond and surrounding terrestrial habitats on the farm to favour biodiversity conservation.

As always, the farm thanks our volunteers, members and neighbours for their tremendous assistance and support in so many ways. If you would like to donate your time or equipment to the farm, please visit our website at www.haliburtonfarm.org to view our wish list and our current calls for volunteers. Our popular farm stand opens again in April.



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Obituary

**Community loses a dedicated
 member with the death
 of Kenneth Strong**

KEN STRONG served as a director of the Cordova Bay Association until a few weeks before his death in mid-January at the age of 68, showing the same commitment and dedication that marked his long and successful career as a science teacher, author and counselor.

Ken was born in Victoria and graduated from UBC in 1960. He taught biology, junior and senior science at Oak Bay Secondary School for most of his career and was a member of many curriculum, safety and examination assessment committees with the province.

He was past president of the B.C. Science Teachers' Association and the author of a popular student guide to biology. His other publications include a manual on the reptiles of British Columbia and a caregivers' guide for lay persons and family members of those suffering from anxiety disorders. As a self-confessed former sufferer, Ken also maintained an award-winning web site to help others with this ailment.

Ken was a former member of the Saanich Board of Variance and of St. David-by-the-Sea Church council. He is survived by his wife, Cecilia, and his mother-in-law and brother-in-law.

**Leave the seals in peace,
 plead waterfront residents**

HOMEOWNERS living on the waterfront at the south end of Cordova Bay are appealing to kayakers, boater and swimmers to avoid going close to or landing on a small rocky island when seals are present. "Seals are often accompanied by their young," says Penny Joppe, "or they may have left their young when they go searching for food." If young seals are touched or picked up by humans, they may be abandoned by their mothers.



Cordova Bay 55 Plus Association
Fund-raising scheme
aims to enlarge
crowded quarters

THE CORDOVA Bay 55 Plus Association is continuing to welcome new members. The membership will soon exceed 230. With a wide variety of programs available, there appears to be something for everyone. The Tuesday morning drop-ins draw a 'close to capacity' crowd for the very interesting and entertaining presentations.

The association is almost bursting at the seams in our current classroom space at Cordova Bay Elementary School. As a result, a concerted fund raising drive which commenced with February's Valentine Lunch and Fashion Show continues with a Dinner Dance at McMorran's on April 28 to assist the completion of our planned addition to the school building.

Your participation in all our fundraising events is greatly appreciated. We look forward to our community's continued support during 2007 and beyond. You are welcome to drop-in and check us out. Our telephone number is 658-5558.

The association's Annual General Meeting will be held on Tuesday, March 20 at 10:00 a.m. in the Lookout Room at McMorran's Beach House, 5109 Cordova Bay Road.

Haliburton Organic Farm
AGM planned for April

THE ANNUAL General Meeting of the Haliburton Community Organic Farm society will be held on Monday, April 2 in the Fireside Room of Cordova Bay United Church at 7:30 p.m.

The farm is appealing for volunteers to serve as general "handy persons" and grass cutters. Information on these and other volunteer opportunities can be found on the farm's website—www.haliburtonfarm.org.

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More drilling continues search for oil pollution at Cordova Bay Plaza

“ARE YOU drilling for oil?”

That was the most frequently asked question in mid-February when employees of Beck Drilling and Environmental Services Ltd. bored numerous holes in the parking lot and adjacent grass area at Cordova Bay Plaza.

The question isn't so far off the mark, either. Construction of a new shopping centre – approved by Saanich council in 1999 – has been held up because of underground gasoline pollution at the plaza and the former Shell/Payless gas station site.

The Ministry of the Environment has said that its information indicates there is “significant” contamination that “has not been adequately investigated.” As a result, it will not issue the required certificate declaring the site decontaminated and without that clean bill of health, Saanich is unable to issue the approved development permit allowing the new shopping centre to be built.

The ministry has urged Shell and the plaza to work together “to adequately characterize area-wide contamination and develop a remediation plan to address all on-site and off-site contamination associated with the two properties.” Shell has been remediating in and around its fenced-off site for the last five years including test wells.

A plaza spokesperson said February's drilling was part of an on-going review of the site and included installation of more test wells.

Meanwhile, a major court case over responsibility for the underground gasoline pollution has been adjourned until next year. Shell filed a lawsuit in 2004 in B.C. Supreme Court against Your Family Food Mart, owner of the plaza, and former owners and lessees of the plaza property, including a one-time Chevron gas station that closed in 1981.

This prompted counter-suits by the defendants. The trial was to have started this November but now is set for May 26, 2008, in B.C.

Supreme Court in Vancouver

One of the casualties of the pollution-problem is Scotiabank, which was to have moved into a purpose-built branch in the new plaza. Instead, it has operated from a trailer in the parking lot under a series of temporary permits approved by council. The present permit will expire this October 4.

Meanwhile, certain physical improvements to the existing building that are being permitted are expected to go ahead shortly. This includes a new façade and new roofline over the Food Forum and other details including painting, some landscaping, and grading work and drainage behind the plaza.



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What's really to blame for that annoying acne?

MOST people, including physicians, believe that acne is caused by excess oils and a bacterium called *P. Acne*. Here is a quote from *DermNet NZ*: "Why acne eventually resolves is not understood. It does not coincide with a reduction in sebum (oil) production or with a reduction in the number of bacteria." So if excess oil and bacteria are not to blame, what is? Here is one explanation.

P. Acne is on everybody's skin, so if the above presupposition were true we would all get acne. Actually, it plays an important role in the body's first line of defence. Normal skin needs a pH of 5.5 which is achieved by *P. Acne* breaking down the oils into fatty acids. This is a good thing. Many harmful bacteria cannot survive in acid. Unfortunately, too much oil leads to too much acid production, thus irritation.

Many acne treatments involve stripping the natural oils off the whole face, thus removing the "food" for *P. Acne*. It then becomes harmful when it is forced to seek the needed oil beneath skin in the "sebaceous gland". It continues to create a pH of 5.5 in its new home where it ought to be 7. Inflammation results, causing swelling. The glands plug, with resulting pimples. About 95% of acne patients make things worse through excessive cleansing.

Acne is complex and influenced by other factors. Hormones stimulate oil production. About 85% of adolescents develop acne to some degree. Genetics, enzyme deficiencies, essential fatty acid deficiencies, certain drugs, and stress also contribute. Sun exposure leads to more dead cells that block pores. Environmental factors include high humidity, cosmetics, moisturizers, smoking, and pollution.

Don't just treat the symptoms. There are many more factors involved in acne and to fully understand the cause means that more effective treatment can be set in place.

Dr. Setterfield's topic in the next issue of The Cordovan will be "Can Sunscreen Damage Your Skin?"

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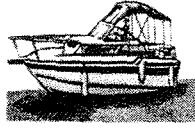
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SAFE BOATING



*By Patricia Sparks, N. Member of the Canadian
Power & Sail Squadrons. 658-8614*

Getting rid of the green

OVER the past little while, I have been traveling back and forth across the wide strip of ocean between our island home and the Lower Mainland. At almost every marina many boats have been sitting idly at their moorings, slowly turning a lovely colour of green. Our cool, moist weather this year has caused the mold to thrive. Unfortunately, left unchecked it could do some damage.

It's time to get out there with a bucket of warm water and a LARGE box of baking soda while the mold is still fresh. While you are about it, take a note of any gelcoat cracks or blisters that will soon need attention..

This would also be an excellent time to give the boat's engine a good once-over. Check the water pump impellers (replacing them is not a bad idea). Ensure the batteries are charged and that the bilge pump is working. If you have a heat exchanger, remember to check the condition of the 'pencil zinc'. Clean or replace fuel filters. Take a good look at the engine belts and all hoses.

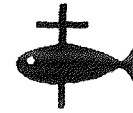
Often the damp causes corrosion on electrical switches. Even the light bulbs can be affected by it. A small piece of very fine sandpaper will get rid of this. It's also recommended that you check every sea-cock or through-hull fitting. The head may need some attention, such as replacing the pump washers.

One other thing of great importance is to check all your tools. For example, do the pliers still open and close properly? In your emergency equipment closet check the expiry date of flares. The fire extinguishers should be recharged if necessary.

If your boat is on a trailer – don't forget to check the brakes and grease the bearings.

Safe boating!

Elk Lake Baptist Church



5363 Pat Bay Highway

Victoria, B.C. V8Y 1S9

Phone: 658-8111. Fax: 658-8431

E-mail: elk1kbap@telus.net

The Church by the Lake

Our desire is that Elk Lake Baptist Church be a place where people feel accepted, experience God's love and care and the love and care of the community, and find a place where they can make their own special contribution.

Regular Sunday Services

10:00 a.m. Christian education classes
for all ages

11:00 a.m. Worship service.

Visitors are welcome at all our services

Some regular events at Elk Lake Baptist Church:

College and Career Group meets every Thursday night at 7:30 p.m. Phone 658-8111 for information as to location.

60 More or Less seniors' group meets at 12 noon on the first Thursday of each month for lunch and an interesting program. The cost is \$3.50 and everyone is welcome.

Art Club. We have an art club for all those interested. This is held every second Saturday at 9:30 a.m. in the old church hall

If you are interested in participating in any of the above programs or would like more information about our church, please phone 658-8111 or see www.elklakebaptist.com

Cordova Bay 55 Plus Association

**THIRD ANNUAL
SPRING FLING**

**DINNER
DANCE**

(Phase Two Fundraiser)

**McMorran's Beach House
5109 Cordova Bay Road**

Saturday, April 28

Doors open 6:00 p.m.

Buffer Dinner 7:00 p.m.

Floor Show 8:30 p.m.

**Dancing 9:00 to 12:00
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**Girl Guides of Canada
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658-5687**

**Guides and Scouts share
100 years of history**

BOY SCOUTS and Girl Guides share common values and principles thanks to Robert, Lord Baden Powell, who decided that the young men of England needed a forum for learning about the world. Robert had been a military man but wanted to foster peace and goodwill between nations while teaching boys scouting skills. "Scouting," he wrote, "is the art or science of gaining information."

His new way of teaching and exploring was so popular that the girls wanted to join as well, so he persuaded his sister Agnes to take on the job of organizing the girls. The Girl Guides, as they became known, were enthusiastic about learning the same skills as the boys and formed Girl Guides of Canada in 1910.

This year marks the 100th anniversary of the beginning of Scouting. One hundred years of Scouting is worthy of much recognition and celebration. It's remarkable that since building Scouting's foundation in Canada in 1907, the same significant values continue to provide quality programs for young Canadians.

While Scouts and Guides in Canada are separate organizations both can be proud of past achievements while moving into the next century. Watch for special events as the Scouts celebrate their centenary. Guides Canada are preparing for a similar celebration in 2010.

The girls will be selling classic vanilla-and-chocolate Girl Guide cookies at Broadmead Centre on Saturday, April 14, and in their local neighborhoods during April. If you don't have anyone come to your door, please phone me at 658-5687 and I will arrange for some cookies to be delivered to you. The classic cookies are \$4.00 a box and the minty chocolate cookies will be available in the fall.

Cordova Bay Association picks membership winner

JOYCE WEBB, a Sunnymead resident, was the winner of the membership draw for a dinner for two at Mattick's Restaurant. She is one of the nearly 300 members who support the CBA whose activities include examining all proposals for development, subdivision and zoning changes in our community to make sure they meet the requirements of the Cordova Bay Local Area Plan. The association also:

Sends representatives to attend council and other relevant municipal meetings to monitor issues of concern to the community and to place the community's position before Mayor and Council when required.

Provides information and assistance to community residents with concerns or questions about changes in local planning.

Provides and maintains the community notice board in the Cordova Bay Plaza.

Publishes and delivers *The Cordovan* to your door four times a year and maintains a website (www.cbasn.com) with news and information of relevance to Cordova Bay.

This work is all done by volunteers. He



Varied activities kept all Cordova Bay groups busy

CORDOVA BAY'S 5th Tsartlip Scouting season began in September, with overnight camping at Sidney Spit for the Venturers and Scouts arriving by canoe, motor boat or sailboat. Cubs and Beavers arrived by motor boat or ferry for a day of fishing and treasure hunting.

The Venturers have been thinning out a wood lot while learning skills in chain saw handling, wood cutting and tree planting. They engineered a giant catapult for the annual fruit shoot at Lake Cowichan, and placed second.

Raft construction, inventing a portable obstacle course and camping skills achieved second place for the Scout troop at the 99th Annual Scout Fall Challenge. Team-building activities and learning about fair trade with third world countries have been their focus this year. A trip to Central America is planned for Easter 2008.

Our Cub pack has embarked on an odyssey into automotives thanks to Mander Trucking and the Sayward Shell Station. The cubs celebrated world religions at a Cub rally; learned carpentry skills building lair screens; toured the Saanich Police Station; and spent an evening with acrylic artist, Leanne Cadden. Space exploration and the building of space equipment have kept them busy lately, with the race to build the ultimate Kub Kar starting soon. Watch out Kub Kar Rally, here we come!

Our industrious colony of Beavers' adventures have included camping, hiking, geocaching, horseback riding, and curling. In the hall our program involves games, crafts, play acting, stories, songs, and spirituality with a focus on exploring nature, our community, and learning how to help take care of the natural world around us. The spring will see us learning about birds at Swan Lake and the Pacific Northwest Raptor Centre; visiting the maritime museum; learning to sail; and doing more camping. — *Barbara Lund.*

MEMBERSHIP APPLICATION OR RENEWAL FOR 2007

Name.....

Address.....

.....Postal code.....

Phone.....

Email.....

(Please mail this completed form with a cheque or money order for \$5 per person payable to the association to P.O. Box 41004, Cordova Bay Post Office, Victoria, B.C. V8Y 3C8.)

Cordova Bay Road sidewalk project takes another small step

A PLAN for the continuation of the sidewalk along Cordova Bay Road was given a thumbs up by over 50 residents who attended the Saanich Engineering hosted open house at Cordova Bay School back in January.

The plan presented for viewing covered the section of Cordova Bay Road from Maxine Lane to Galey Way. This plan extends the sidewalk south along Cordova Bay Road from the recently 'sidewalked' Haliburton to Maxine Lane section (complete with the bonus curve in the road).

The new plan addressed what has been identified for some time as a section of Cordova Bay Road having a high priority need for a safe and walkable pedestrian pathway.

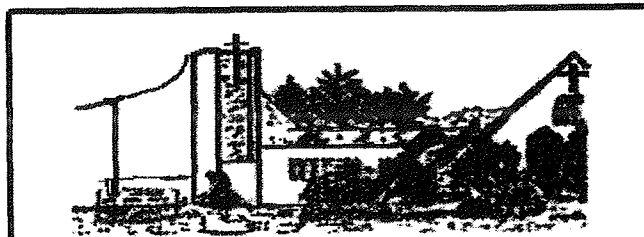
Overall response by open house attendees to the new plan was very positive as four Engineering Department staff fielded questions and reaction.

A few concerns about parking were voiced but the provision of a safe and navigable sidewalk on the Maxine Lane to Galey Way section of Cordova Bay Road was seen as the over-riding and long-awaited benefit.

Construction will begin this summer on a sidewalk and curb from Maxine Lane to Sunnygrove Terrace. Unfortunately only this portion of the new plan is funded at this time. Completion of the Sunnygrove Terrace to Galey Way portion will have to wait for Saanich Council's approval of further funding.

Your Cordova Bay Road Sub Committee will continue to lobby for the sooner than later allocation of funds for the Sunnygrove Terrace to Galey Way portion as well as for the yet remaining sections requiring sidewalk upgrading.

For further details and/or to comment speak to a Sub-Committee member: Alison Battuello 658-4762, Doug Beale 658-4606, Wayne Christmas 658-2290, Robin Dyke 658-4815 or Don Johannessen 658-8824.



ST. DAVID BY THE SEA ANGLICAN CHURCH

**5182 Cordova Bay Road
Victoria, B.C. V8Y 2K8**

Phone: 658-5022 Fax: 658-2035

Office hours: Tuesday to Friday, 9:00 to Noon.

Email: st.david@victoria.tc.ca

Rector: The Reverend Michael Hemmings

OUR PARISH FAMILY welcomes and invites all age groups to come to St. David's, to join the people of the parish in their witness to God through Worship and activities within and without the community.

The Parish provides a nursery service during the 10:00 a.m. Sunday Service.

**Sunday Services: 8:00 a.m. Said Eucharist.
10:00 a.m. Family Service**
Thursday Service: 10:00 a.m. Said Eucharist.

Join us for the most important week of the Christian calendar and continue to consciously be challenged by your own humanity, by God and by community.

April 1 — Palm Sunday, 10:00 a.m. Theme: Self denial: a cross to bear for healing.

April 1 — Palm Sunday, 7:30 p.m. Tri-church service (Anglicans, Baptists and United Churchers) at Elk Lake Baptist Church (5363 Pat Bay Highway).

April 5 — Maundy Thursday, 7:00 p.m. service.

April 6 — With St. Michael's and All Angels (4727 West Saanich Road), at St. Michael's, 10:00 a.m.

April 8 — Easter Feast! Theme: Hope. Sunrise service at Playfair Park, 6:30 a.m. with St. Peter's. 10:00 a.m. service at St. David's.



Cordova Bay United Church

813 Claremont Avenue

Ministers: Rev. Bill Cantelon
Rev. Anna Constantin
Choir Director/Organist: Pat Shumka

Phone: 658 5911 – Fax: 658 5937

Church office hours: Monday – Friday 9:00 a.m. – 1:30 p.m.

E Mail: office@cbunited.ca Website: www.cbunited.ca

Please see our website for more details about our ministry.



Worship Services and Sunday School ~ Sundays ~ 10:00 a.m.
A celebration of our Creator and Creation with words and music.

We have programs for Pre-Teens, Junior High and Senior High. All Youth are welcome! For more info regarding the youth programs contact Anna Constantin anna.c@cbunited.ca



Healing Services

Sunday, March 11th @ 7:00 pm

Sunday, April 15th @ 7:00 pm

Sunday, May 6th @ 7:00 pm

Sunday, June 10th @ 7pm

Please join us for these special services!



Lent & Easter Schedule

21 Feb ~ Ash Wednesday Service ~ 7:30 pm

5 Apr ~ Seder/Maundy Thursday ~ 6 pm

6 Apr ~ Good Friday ~ 10 am

7 Apr ~ Holy Saturday ~ 7 pm

8 Apr ~ Easter Sunday ~ 7am ~ Sunrise Service

8 Apr ~ Easter Sunday ~ 10 am ~ Worship Service

Join us for our Annual Country Fair!



Saturday, May 26, 2007

10:00 am - 2:00 pm



*Great bargains on plants, housewares, furniture, toys, games,
clothing, tools, small electricals, crafts and more!
Fabulous food & delicious strawberry shortcake*

Bouncy Castle, small animal petting zoo, face painting, games

And our special guest Twiggly Wiggly the Clown!