

SUMMER 2009 VOL. 33 NO.2

THE CORDOVAN

The Newsletter of the Cordova Bay Association

New name and new life for Shangri-La gardens

IN THE LATE 80s, Joanne Outerbridge purchased just over nine acres adjacent to 1181 Royal Oak Drive, across the road from Sunnymead. She spent more than 20 years creating a garden and landscape as an oasis for wildlife, especially birds.

Named by her the Shangri-La Bird and Nature Sanctuary, the property was open to the public for years until it became too difficult for her to manage. Which is when she offered to sell it to Saanich for far less than market value.

The main condition of Mrs. Outerbridge's generous offer was that the property should continue to function as a sanctuary and in 2005 the gardens were acquired by the District of Saanich.

Limited basic maintenance and clean-up began in 2005 up to the present time. Parts of the property were highly formalized in the past while others were left in a more naturalized state. More recently, the main trail loop round the large pond was improved and re-surfaced. However, the bal-

ance of the park and existing paths have not been upgraded and vary in accessibility.

The improved pedestrian trail is now open to the public and is wheel-chair accessible although there is no off-street parking available at this time.

Re-named Outerbridge Park in honour of its founder, future plans for the site have yet to be determined but may include parking, an expanded trail system, interpretive signage and an educational-interpretive centre.

Saanich Parks Manager Rae Roer says the municipality is proud to be the caretakers of this legacy. "I encourage everyone to explore this gem. If you ever wonder what one person can do, while you walk the site think of Mrs. O. As well, I hope you notice the quality of the work and care taken by our staff in the restoration of this phase of the project."

Saanich will likely seek partners such as community associations and horticultural groups to share in the ongoing development.

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Cordova Bay Association, P.O. Box 41004, Cordova Bay P.O., Victoria, B.C. V8Y 3C8.

The CBA web site is www.cbasn.com and includes latest news and an on-line version of *The Cordovan*.

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'Precipitous' registration decline forces soccer clubs to consider amalgamation

CORDOVA BAY Soccer club and its Gordon Head counterpart are seriously considering amalgamation following a continuing dramatic decrease in young player registrations.

Figures released by the Cordova Bay club record a "precipitous" decline from 504 youth players in the 2002-2003 season to 352 players for 2008-2009. This is a 30 percent reduction. By comparison the drop in participation over the same period for the Lower Island Soccer Association (LISA) was 13 percent.

The local club's 2009-2010 registration projections call for a further 12-15 percent decline. For 2010-2011 estimates are equally grim, ranging between 275-300 registered youth players and the loss of a further two 11-a-side teams—or a reduction from 11 to five teams since 2008-2009.

While the directors of both clubs believe amalgamation is inevitable, a special joint committee meeting will be held in July or August to hammer out the details.

Reasons for the decline in younger players are diverse, according to the clubs. They include a lack of potential population growth, the lack of affordable housing for young families, an aging population, lack of competitive teams, complaints about the duration of the season and, of course, the weather.

Talk of amalgamation dates back to September 2005, but instead the local club's board of directors opted to urge modernization of LISA's transfer rules and bylaws, increased marketing in local schools and the media, improvements to facilities such as the artificial turf field (now named Frank's Field in honour of the late Frank Leversedge) and other initiatives.

However, declining registration now undermines opportunities to play and develop the sport, and threatens the viability of the clubs, say the merger proponents.

Cordova Bay Association

is holding another popular

Cordova Bay Day

with **live music** and a **silent auction** on

SATURDAY 4 JULY 2009



TWO community celebrations
on the same day, to be held at:

1. McMorran's Beach House

Complimentary **hot dogs & ice cream**

11 a.m. - 1 p.m.

Live Latin beat band:

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2. Mattick's Farm

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live Latin beat band, silent auction

1.30 p.m. – 3.00 p.m.

(at which time the silent auction bids will close)



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MIKE BURKMAR

Easier renewals for CBA membership

THANKS TO the generous co-operation of the Cordova Bay Variety Store, CBA membership renewals can now be deposited in a special box at the store's main check-out counter.

The Cordova Bay Association's activities on behalf of the community include examining all proposals for development, subdivision and zoning changes to make sure they meet the requirements of the Local Area Plan.

The association also sends representatives to attend council and other municipal meetings to monitor areas of concern to your community and to place its position on these issues before Mayor and Council.

Residents with concerns and questions about changes in local planning may seek information and assistance from the association.

The CBA provides and maintains the notice board in the Cordova Bay plaza. *The Cordovan* community newsletter, supported by local advertisers, is delivered free of charge to more than 2,900 households four times a year. In addition the association maintains an increasingly popular web site (www.cbasn.com) with up-to-date community news and information..

MEMBERSHIP APPLICATION OR RENEWAL FOR 2009

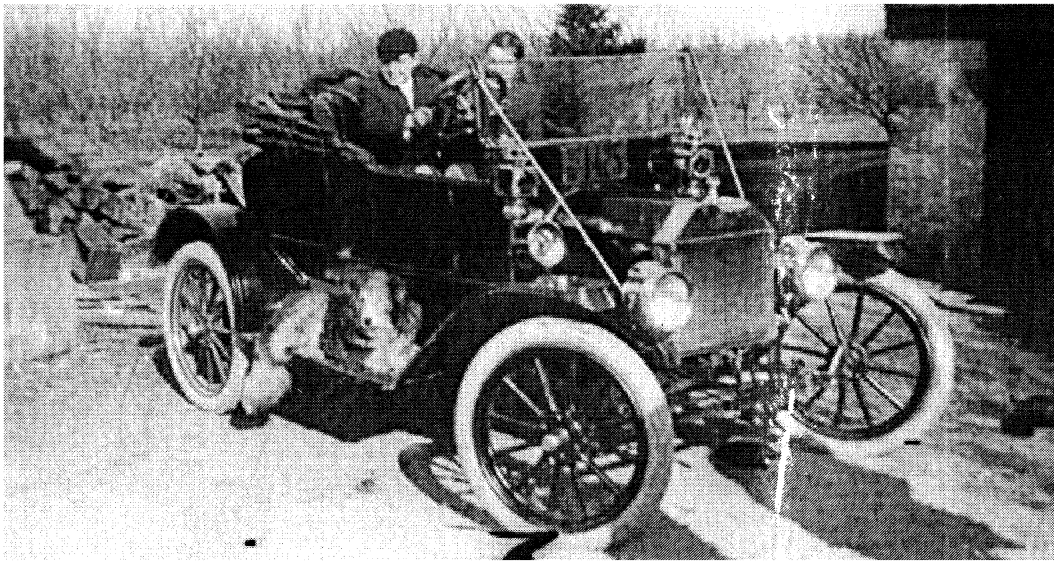
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Please mail this completed form with a cheque or money order for \$5 per person payable to the Cordova Bay Association to P.O. Box 41004, Cordova Bay Post Office, Victoria, B.C. V8Y 3C8. Or use the special box in the Cordova Bay Variety Store.



TAKEN in the early 1900's this photo shows two children in a Model T Ford. Note the dog on the running board. Archives photo 1989-008-109 is used with permission.

Saanich Archives go on-line with historic photographs

MORE THAN 2,500 archival photographs are now available on-line at Saanich Archives' new website. Photographs of early pioneer life, cultural events, architecture, farming and the growth of the community, including Cordova Bay, can be searched by keyword, subject or local area.

Most of the images, selected from a collection of 15,000 photographs, negatives, slides and albums, have rarely been viewed by the public but are now readily available via the Internet.

The digitization that made the project possible was funded by a generous grant from the Irving K. Barber Learning Centre at the University of British Columbia and by the Municipality of Saanich.

Saanich Archives collects and preserves archival material relating to the municipality and invites visitors to explore Saanich's rich history on-line or in person. The collection includes photographs, maps, documents, recordings of oral history, books and reference material from the earliest days to recent times.

The archives are located in the Saanich Centennial Library in the Tillicum Mall complex and are open Monday to Friday, 10:00 a.m. to 4:30 p.m. For further informa-

tion phone 250-475-1775 or consult the website at <http://saanicharchives.ca>.

More about the photo. While the Saanich Archives identifies the two children as members of the McMorran family, Rich McMorran consulted several of his relatives who were not able to identify the couple. Although they might have been two of his uncles, Rich says the large field in the background doesn't match memories of any family locations.

Break-and-enter season is here, warn Saanich police

WITH SPRING and summer bringing fine weather, people tend to leave their front doors open with even a screen door unlocked. Bad idea, according to Saanich police.

"It takes only a second or two for a property thief to walk to your front door and spy your purse, wallet or keys on the hall table," warns Sgt. John Price, police public information officer.

To minimize risk to your home and property, you can call the Saanich Police Crime prevention office at 250-475-4346 or 250-475-4365 for a free home inspection.

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Saanich seeks public help in repelling a new invader

CORDOVA BAY is one of seven areas in Saanich being invaded by garlic mustard, which has already devastated forests in eastern Canada. Residents of Gordon Head, Layritz, Prospect Lake and Cordova Bay in particular are being asked to respond rapidly to avoid widespread infestation where the invader out-competes plants in natural areas and completely takes over the understorey.

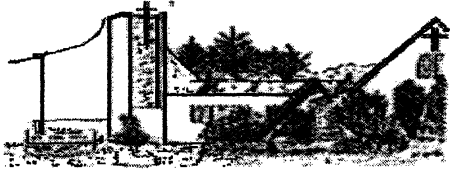
Alliaria petiolata, also called new purple loosestrife, was first reported on Vancouver Island in 2004. Saanich Parks and Saanich Environmental Services are co-ordinating an "early detection, rapid response" to the pest, involving trained staff to remove it from public lands and notifying private landowners to remove the garlic mustard before it sets seed.

The public is requested to report any new sites and provide volunteers to help control and monitor current sites.

Garlic mustard flowers in April and May, and a single plant produces hundreds of seeds in June and July. Because it is self-pollinating, a single seed can start a new invasion. The plant also produces a toxin around its roots which kills the soil fungi that are vital to the growth of other plants, making it a deadly neighbour.

Saanich is working with other jurisdictions and the Coastal Invasive Plant Council to stop the spread of this species to other parts of Vancouver Island. If you would like to learn more about garlic mustard and other new or particularly invasive species, visit Saanich's website at <http://www.saanich.ca/resident/environment/invasive.html> and to report an invasion or volunteer, contact Saanich Environmental Services at 250-475-5471.

Further information can also be obtained from Darren Copley, Environmental Education Officer, at the same number, or email darren.copley@saanich.ca.



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Cost control proves major issue in Saanich's online public opinion poll

SAANICH recently released the results of the February public opinion poll on the economy which was featured on the municipality's website.

Responding to the single invitation "Recognizing uncertain global and local economic conditions, please list three specific actions the municipality could take" 43 of the 70 forms received overwhelmingly chose cost control and improved efficiency for 22.8 percent of options expressed.

The 70 forms produced a total of 189 individual comments. The next highest actions recommended were upgrading the infrastructure (23, or 12.2 percent), promoting social and affordable housing alternatives (21 or 11.1 percent) and promoting green initiatives (17 or 9.0 percent).

Trailing the list were such suggestions as not starting or delaying projects, not treating sewage, reducing the debt, or requesting more government grants.

Complete details of the poll are available on the municipal website www.gov.saanich.bc.ca.

Saanich develops an urban forest strategy

INSPIRED by a survey response showing residents value the forests and trees in their community, Saanich is formulating an urban forest strategy to include all trees, both on municipal and private land.

As part of the process, the municipality is inviting all residents to complete a survey expressing their vision for the future of Saanich's forest and tree landscapes.

The survey is available on-line from the municipal website www.saanich.ca and will ensure that respondents receive updates on the process.

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Community theatre comes to Cordova Bay

PENINSULA Players, one of the oldest community theatre groups in British Columbia, has entertained audiences on the Saanich Peninsula since the mid-1950s. For the last few years their shows have been presented at the Charlie White theatre in the Mary Winspear Centre in Sidney. At the beginning of March they widened their audience by bringing a show to the Ridge Playhouse in Claremont Senior Secondary School.

Play On! ran for three nights at the Ridge. Although the audiences were small there was sufficient enthusiasm for the Players to consider bringing all future productions to the Cordova Bay area.

Early in June *And Mrs. Reardon Drinks a Little* a Tony Award winning play by Pulitzer Prize winner Paul Zindel, was presented. In November the company plans to bring *Godspell* to Cordova Bay as the first of four shows in the 2009-2010 season.

Further shows for that season include *The Knack* in February and *The Hostage* in May. A comedy and musical revue is planned for December this year. Watch for local advertising or check their website at www.peninsulaplayers.bc.ca.

Hikers offer two outings a week

THE CORDOVA Bay Hikers meet every Wednesday from September to June. Most members are retirees. A morning hike and longer lunch hike are scheduled each week. The two main social events are a Christmas potluck luncheon and a picnic in June. Each year there are overnight hikes, staying in accommodation for one or two nights.

If you are interested, just come to the Cordova Bay Shopping Plaza at 8:45 a.m. on a Wednesday. The last hike is June 17, re-commencing September 2.

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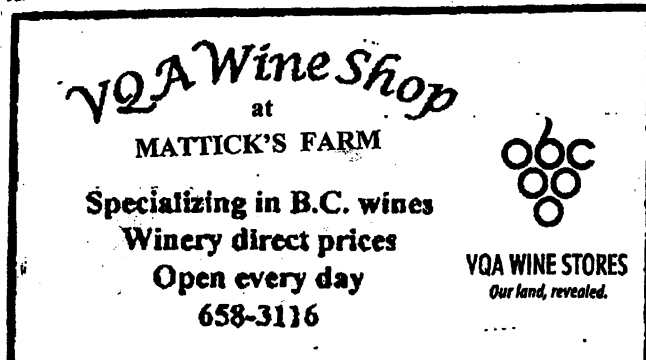
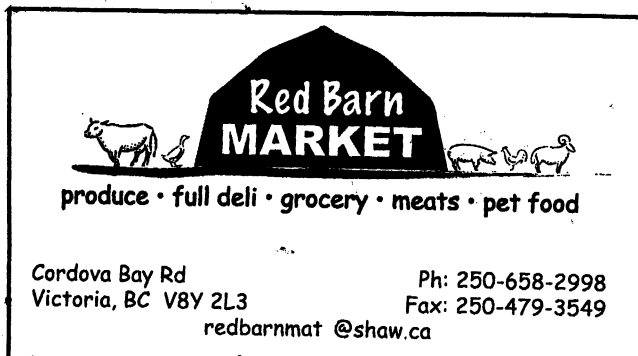


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Haliburton Farm boosts production with increase in popularity

THE WARM sunshine is finally here and things are buzzing and growing at Haliburton Farm. Our first market day was April 11, when we also hosted the very successful 'Birds and Bees' event. Over 200 people attended to learn all about restoring biodiversity in their gardens and urban surroundings.

We held our first big plant sale on May 2, a week before Mother's Day and it proved to be a very popular event. We are on to our second year of a Community Supported Agriculture (CSA) program with 20 subscribers, twice as many as last year. Subscribers will receive baskets of fresh Haliburton produce (value \$20 per basket) over 15 weeks from July 8 to October 15.

We have been able to tremendously increase production on Hali Farm this year because of the addition of two new members: Rod and Pauline Martens have generously volunteered to take over management of the society lands for the growing season; and the Terralicious Gardening and Cooking School are establishing a regular program of growing, teaching and cooking.

The urban biodiversity program at the farm has been growing over the past two years, increasing bird, bee, and butterfly populations. Check out the nest box live video at the farm stand. This summer we will the restore the vernal pond near the woods on the southeast side of the farm. This restoration project will be conducted as a training workshop led by Mr. Thomas Biebighauser, an expert on wetland restoration with over 25 years of experience.

To learn more about our projects or to volunteer at the farm, please check our website: <http://www.haliburtonfarm.org/>.



SAFE BOATING

By Patricia Sparks, N. Member of the
Canadian Power & Sail Squadrons, 658-8614

PCOCs for all power boats are now only weeks away

THE BOATING season is upon us and it's time to get out there and enjoy yourself. Hopefully you will have everything you need—including your now infamous PCOC.

PCOC is the Pleasure Craft Operator Card—proof that the holder has achieved a defined standard of knowledge on boating safety. It is not a license to operate a boat.

If a vessel has a motor, it is considered power-operated. This includes a canoe with a motor attached, even if it only a tiny electric one. Also included are sailing vessels with auxiliary outboard motors, even though they are not operated when sailing. Personal Water Craft also fall under this regulation.

So the rule of thumb is that unless you only have paddles, oars or a sail without an engine of any kind to assist your vessel, a PCOC is required.

If you were born after April 1, 1983 and operate any type of powered vessel four metres (13.2 ft) or less in length, you need your PCO card *now*. Everyone else who operates a powered vessel of any length will require their PCO card by September 15 this year.

Proof of competency can take one of three forms.

1. Proof of having completed a boating safety course in Canada prior to April 1, 1999.

2. A Pleasure Craft Operator Card issued following successful completion of a Canadian Coastguard accredited test.

3. A completed rental boat safety checklist for power-driven rental boats. *This checklist must be completed each and every time you rent a boat.*

The boat safety course can be taken via many different providers. But take care that the provider is reputable. If you lose your card only your provider can replace it.

The Canadian Power and Sail Squadrons (CPS) courses and tests are the only ones approved by both Transport Canada and the U.S. National Association of Boating Law Administrators (NASBLA). So in effect the CPS PCO card is the only one officially recognized in both the U.S. and Canada. U.S. states may choose to recognize other PCO cards but they are not obliged to do so unless they have received individual NASBLA approval.

On September 9, the Brentwood Bay Squadron will once again begin classes at Claremont Senior Secondary School on Wesley Road. The basic boating course includes not only the information required for the PCO card, but also how to navigate, stay off the hard bumps found beneath the surface of the water, plan trips, read and understand charts, tide and current tables, rules and regulations, etc. This is a course well-worth enrolling in.

For information phone Peter Simpson at 250-652-1829 or visit <http://www.brentwoodbaysquadron.com/courses.htm>.

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Cordova Bay sees four development applications

AS OF May 18, there were five development applications pending in our community.

5087 and 5093 Lochside Drive. To rezone 5093 Lochside Drive from RS-18 to RS-12, and to rezone 5087 Lochside Drive from RS-18 to RS-8 and subdivide to create one additional lot for single-family dwelling use.

5032 Wesley Road. To rezone from RS-12 and RS-12A to RS-12A and subdivide to create one additional lot for single-family dwelling use.

759 Helvetia Crescent. To rezone from A-1 to RS-10 and subdivide to create three additional lots for single-family dwelling use.

5144 Cordova Bay Road (Cordova Bay Plaza). Development permit approved by Saanich council in 1999 for shopping centre redevelopment to include 3,586 square metres (38,599 square feet) of commercial floor space and 16 apartment units.

Permit not issued pending a site certificate from the Ministry of the Environment under the Waste Management Act (contaminated site regulations). To view the site plan, contact Saanich Planning Department at the municipal hall.

This list is updated regularly on the Cordova Bay Association's web site (www.cbasn.com) under "rezoning". For information on land-use matters in Cordova Bay please contact Jack Colbert, chairperson of the CBA planning committee at jack_colbert@telus.net or 250-658-05078.

CBA on the web

THE Cordova Bay Association's website (www.cbasn.com) carries up-to-date notices and community news, together with the current issue of *The Cordovan*. The website is maintained by Penny Joppe, who welcomes comments and suggestions.

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"The Church by the Lake"

Our desire is that Elk Lake Baptist be a place where people feel accepted, experience God's love and care and the love and care of the community, and find a place where they can make their own special contribution.

Regular Sunday Services

11:00 a.m. Worship Service

Visitors are welcome at all our services

Regular events at Elk Lake Baptist Church

60 More or Less Seniors' group meets at 12 noon on the first Thursday of each month for lunch and an interesting program. Cost is \$4.00 and everyone is welcome.

We have an art club for all those interested, including those in the community. This is held every second Saturday at 9:30 a.m. in the old church hall.

If you are interested in any of the above programs or would like more information about our church, phone 250-658-8111 or see our website, www.elklakebaptist.com.

The Baptist Women will be holding their ANNUAL STRAWBERRY TEA

On Saturday, June 27 from 1:30 to 4:00 p.m. This year the ladies will hold a silent auction, home baking, attic treasures, a children's table and entertainment. Adult tickets are \$5.00, families \$12.00 and children 7 and under \$3.00.

Community Place building fund reaches its target

THE 55-PLUS Association's fifth annual spring dinner and show held at McMorran's in early May was attended by 145 members and guests—with ticket and raffle sales pushing the Community Place addition fund towards the goal of \$175,000.

A \$2,000 donation from the Saanich Fire Fighters Charitable Foundation, presented at the dinner, helped to reach the target.

Rich McMorran, who chaired the fund-raising campaign which started in March 2008, applauded the strong support through donations from members, other private supporters in the community, local businesses and the Victoria Foundation. "The money will be used for a \$95,000 contribution towards the building costs," he said. "The remainder will go to purchasing equipment and furnishing for the centre. To all those who supported the fund-raising drive, we would like to say a very big thank-you."

Council approves Cordova Bay Road sidewalk extension

MAYOR FRANK LEONARD made the welcome announcement at this year's annual general meeting that Saanich has included the construction of a sidewalk on the west side of Cordova Bay Road in this year's budget.

The sidewalk will run between Sunnygrove Crescent and Galey Way at a cost of between \$300,00 and \$ 400,000.

Saanich also recently approved the CBA's matching grant application for a redwood bench on the west side of Cordova Bay Road at the Sunnygrove Terrace bus stop. The total cost, including a concrete pad, will be \$2,400, split 50/50 between the municipality and CBA.

Both these initiatives are the result of efforts by individual CBA members and sub-committees of the association's executive.



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Cost estimates of Mt. Doug shoreline stabilization top more than \$6 million

IN THE 2006 budget year, Saanich council approved spending up to \$300,000 for the design of marine works, including comprehensive modelling, to determine the best way to stabilize the bank and foreshore of the road through Mount Douglas park.

Three specialist companies were involved in extensive research. Foreshore works design was conducted by Sandwell Engineering, using hydraulic models to study trends in climate change and potential impact on sea levels.

Thurber Engineering reviewed and confirmed the original concept for horizontal drilling at the toe of the slope to relieve groundwater pressure and stabilize the banks with bio-remediation techniques. The company also reviewed bank stability in 2007 and 2008 and recommended further detailed design and construction once the toe of the slope is stabilized.

An impact assessment of the intertidal zone conducted by Golder Associates found no significant archaeological features likely to impede the work.

As a result of these investigations, the budgeted cost of shore stabilization including work on the road to stabilize gullies which continue to erode is an estimated \$6.6 million.

The cost of such alternatives as building a new road at a higher elevation, closing the existing road in favour of alternative routes, or constructing a new connection through the south end of the park were estimated at between \$5.5 m to \$6.3 m, but the social costs and impacts to the park were unacceptable.

Faced with such significant costs, Donavon Bishop, Saanich's Manager of Development and Municipal Facilities says his department will work with the Finance Department to determine how the work might be funded.



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Restoring the balance of nature is the best approach for a healthy skin

By Dr. Lance Setterfield

IT'S GREAT to have clean skin, but can one go too far? A multi-million dollar industry exists because we are such clean-freaks in North America.

We have cleansers that, for the most part, strip every bit of natural oil off our skin. Who wants oily skin anyway, right? You do, if you want healthy skin!

Firstly, healthy oils trap moisture in the skin, thus allowing key enzymes to function.

Then, there are the "friendly" natural bacteria that need these oils. They feed off them and turn them into free fatty acids which create the needed "acid mantle", the first line of defense against "harmful" bacteria.

Over-cleaning the skin weakens this acid mantle, leaving the skin sensitive, dry and flaky.

How can one keep the skin clean and yet preserve and strengthen the needed acid mantle?

Firstly, ensure that your skin gets all the needed building blocks (Omega 3's) to make its own healthy oils. The majority of us have an essential fatty acid deficiency.

Secondly, thanks to modern technology and micro-fiber cloths, you can remove make-up, dirt and up to 98 % of bacteria without soap, *just warm water*.

The "Magic Mitt"® by Jane Iredale leaves your skin feeling squeaky-clean, yet leaves the natural oils behind. It is ideal for those with sensitive skin, acne and rosacea, whose skin is often aggravated by the chemicals in soaps and toners. Some may still need cleansers and toners, but for once, less is more and your skin will thank you.

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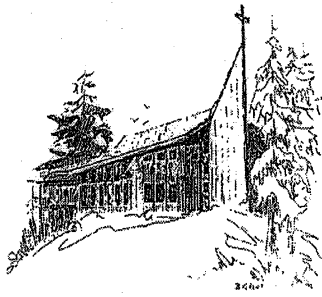
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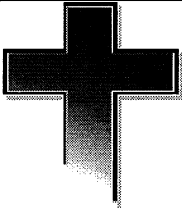
Jane Shumka

Children's Ministry

Phone: 658-5911 ~ Fax: 658-5937

Church office hours: Monday – Friday 9:00 a.m. – 1:30 p.m.

E Mail: office@cbunited.ca Website: www.cbunited.ca



Worship Service ~ Sundays @ 10:00 am

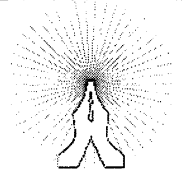
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We follow the Whole People of God curriculum

www.wholepeopleofgod.com



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