

WINTER 2009 VOL. 33 NO. 4

THE CORDOVAN

The Newsletter of the Cordova Bay Association for Community Affairs

THE CORDOVAN IS GOING ELECTRONIC

By Roger Stonebanks

STARTING later next year, the Cordova Bay Association for Community Affairs (CBA) plans to switch its newsletter *The Cordovan* from print to primarily electronic delivery by e-mail directly to CBA members. New and renewing members are asked to please provide their e-mail address to ease the process. *The Cordovan* will also be posted on the CBA website – www.cbasn.com.

The CBA will provide a limited number of printed copies for personal pick-up at the Super Duper Store (Dollar Store) in Cordova Bay Plaza, Mattick's Farm (on the indoor bench near Adrienne's), the 55 Plus office at Cordova Bay Community Place and Cordova Bay United Church.

The planned change is primarily the result of the limits of volunteerism we have experienced, a factor that affects all volunteer organizations.

The Cordovan began publication in July 1976 as a mimeographed sheet delivered

door to door when the Cordova Bay Association for Community Affairs was founded to represent the community primarily on land use issues. The first CBA effort was to stop a huge subdivision planned on what is now Cordova Bay golf course. The CBA worked tirelessly to have a Local Area Plan for Cordova Bay.

The final *Cordovan* print edition in March, 2010 will be funded by the CBA including once-only free advertising for the merchants and others who have supported *The Cordovan* over the years. We look forward to them joining us in the electronic version in a business directory. Some details remain to be decided such as frequency of the electronic publication with at least two issues a year.

In addition to the electronic *Cordovan*, the CBA, through its website with its many features, will continue to post immediate information under "News" and "Notices." Please check these and other features regularly for up-to-date information about the CBA and Cordova Bay.

Continued on page 2

THE EXECUTIVE OF THE CORDOVA BAY ASSOCIATION FOR COMMUNITY AFFAIRS

President: Roger Stonebanks, 5050 Lochside Dr., V8Y 2E9. 250-658-5125. Email: rstonebanks@telus.net
First Vice-President: Penny Joppe, 7-4771 Cordova Bay Rd., V8Y 2J7. 250-658-8566. Email: pen.ton@shaw.ca
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Secretary: Hanny Pannekoek, 4651 Sunnymead Way, V8Y 2Y4. 250-385-2299. Email: hannyhugo@shaw.ca
Membership Secretary: Jennifer Furtado, 821 Sayward Rd., V8Y 1R5. 250-658-4884. Email: bornfurtado@gmail.com
Treasurer: Diane De Wolfe, 5051 Lochside Dr., V8Y 2G1. 250-658-4436. Email: dianedewolfe@shaw.ca
Traffic committee chair: Wayne Christmas, 5087 Lochside Dr., V8Y 2G2. 250-658-2290. Email: wayne.christmas@telus.net
Planning committee chair: Jack Colbert, 5005 Bonanza Pl., V8Y 3E1. 250-658-0507. Email: jack_colbert@telus.net
Directors at large: Richard Alexander, 4818 Cordova Bay Rd., V8Y 2J5. 250-727-2343. Email: ralexander@lgl.com
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The CBA web site at www.cbasn.com includes latest news and an on-line version of *The Cordovan*.

Continued from page 1

Sometimes we are asked: what does the CBA do? Here is a very quick summary:

We examine all proposals for development, rezoning and subdivision to ensure they meet the requirements of the Cordova Bay Local Area Plan. We insist that all applicants for change in land use provide written information to neighbours and schedule one or more neighbourhood meetings.

We attend council meetings to monitor issues, especially involving land use and traffic, and, when required, represent the community viewpoint. We help residents with questions or problems by providing information and assistance.

We maintain the community notice board in Cordova Bay Plaza. We have supported financially such community groups as the Haliburton Community Organic Farm Society and the Cordova Bay 55 Plus Association. With the municipality we co-funded five community redwood benches, three of them at bus stops on Cordova Bay Road.

And we publish *The Cordovan*.

All this work is done by volunteers. By becoming a member of the CBA, you assist this effort, you become part of this community organization, and you gain voice and vote to determine the CBA's direction.

To join the CBA or to renew your membership – all memberships expire at year's end – please include your individual \$5 membership cheque made payable to "Cordova Bay Association for Community Affairs" together with your name, residential address, phone number and e-mail address.

Either drop it off in person at the Super Duper Store (Dollar Store) in Cordova Bay Plaza where they have kindly placed a box on the sales counter for this purpose. Or, mail it to: Jennifer Furtado, CBA Membership Secretary, 821 Sayward Road, Victoria, BC. V8Y 1R5

As *The Cordovan* prepares to make a major change, we thank everyone who has been involved, past and present, in bringing the publication to Cordova Bay residents for many years.

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The CBA executive reports...

THE ANNUAL General Meeting of the Cordova Bay Association for Community Affairs will be held on Friday April 16 at 7:00 p.m. in the main hall at Cordova Bay United Church. The guest speaker will be Councillor Dean Murdock. Following refreshments there will be the business meeting for CBA members including election of six members for two-year terms to the 11-member executive (five are half-way through their terms and continue in office).

A Nominating Committee will present six recommended candidates at the AGM and nominations may also be made from the floor. If you are interested in serving your community on the executive please inform any present executive member or the Nominating Committee when it is appointed. We depend solely on volunteers to carry out our work.

Our membership roll is seriously short of e-mail addresses. We appeal to everyone joining the association or renewing membership to include your e-mail address. This saves us 52 cents mailing a receipt and will provide a modern method of communicating directly to the membership and distributing *The Cordovan*.

Speaking of membership – it is year-end and membership renewal time. Please either drop off your \$5 cheque with name, address, phone number and e-mail address at the Super Duper Store (Dollar Store) at Cordova Bay Plaza, marking your envelope – Cordova Bay Association for Community Affairs. Or mail it to membership secretary Jennifer Furtado at 821 Sayward Road, Victoria BC, V8Y 1R5.

Everyone renewing before February 1 is eligible for an Early Bird draw prize of a dinner for two (value \$50) at a Cordova Bay restaurant of your choice.

For up-to-the-minute news about the association and Cordova Bay – please visit the CBA website at www.cbasn.com and check, particularly, News and Notices.

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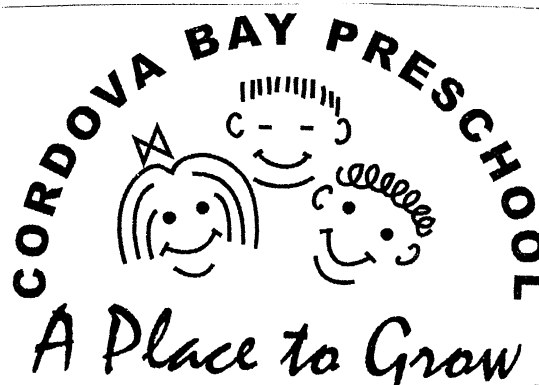
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MIKE BURKMAR

Here's your chance to win a dinner for two

ALL new and renewal memberships applications received by February 1 will be entered in a draw for a \$50 gift certificate for dinner for two at the Cordova Bay restaurant of your choice. The draw will be made at the CBA executive meeting in February, and the winner announced in the March *Cordovan*.

Costing only \$5 per person a year, membership supports the Cordova Bay Association for Community Affairs, one of the most active in the region.

On behalf of the community the CBA examines all proposals for development, subdivision and zoning changes to make sure they meet the requirements of the Local Area Plan.

The association's representatives also attend council and other municipal meetings to monitor areas of concern to your community and to place its position on these issues before Mayor and Council as required.

The CBA provides and maintains the notice board in the Cordova Bay plaza and publishes *The Cordovan* community newsletter. In addition the association maintains a popular web site (www.cbasn.com) with up-to-date community news and information..

MEMBERSHIP APPLICATION OR RENEWAL FOR 2010

Name.....

Address.....

.....

Postal code.....Phone.....

Email

Please mail this completed form with a cheque or money order for \$5 per person payable to the Cordova Bay Association for Community Affairs to: Jennifer Furtado, 821 Sayward Rd., Victoria, B.C., V8Y 1R5. Or drop it off at the Dollar Store in Cordova Bay plaza.

Pollution clean-up begins at Cordova Bay Plaza

WORK CREWS from Beck Drilling and Environmental Services of Calgary began a pollution clean-up project at the Cordova Bay Plaza early this month for approval by the Ministry of the Environment.

The plan, it is understood, will involve burying pipes to vent vapours from underground gasoline pollution. This is similar to the process Shell Canada undertook at the former PayLess Gas site on the other side of Doumac Avenue.

When Saanich council approved the development permit for the new shopping centre in 1999, it withheld issuance of the permit pending lot consolidation and, importantly, confirmation from the Ministry of the Environment that no site remediation was required.

Meanwhile, it's back to BC Supreme Court in Vancouver on April 12, 2010, for a three-week trial involving a lawsuit and counter-suits surrounding the long-standing issue of responsibility for the underground gasoline pollution.

Shell Canada Products Ltd. is suing Your Family Food Mart Ltd. (the corporate name for Cordova Bay Plaza), as well as the previous plaza owner, McMorran's Cordova Bay Ltd. Also sued is Chevron Canada Ltd., which operated a gasoline station on the northeast corner of the plaza property until 1979 when underground storage tanks were removed. The plaza and Chevron are counter-suing Shell.

Shell Canada owns the fenced-off former PayLess Gas station at Cordova Bay Road and Doumac Avenue. It was closed in 1997 and Shell operated an on-site pollution remediation system from 2002 to 2006. The company has said this resulted in a significant reduction in sub-surface hydrocarbons.



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5 Chocolates

6 Duck Eggs

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8 Fresh Greenery

9 Mini Xmas Trees

10 Wreaths and Garlands

11 Xmas Decorations

12 Raffle

13 Refreshments

14 Gift Ideas

15 Farm Tours

"Winter is the time for comfort, for good food and warmth, for the touch of a friendly hand, for a talk beside the fire: it is the time for home..."

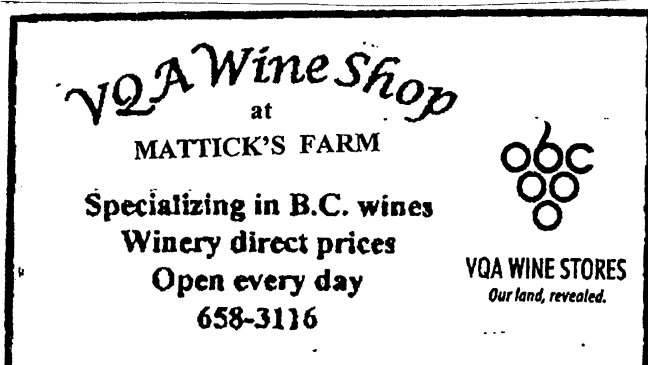
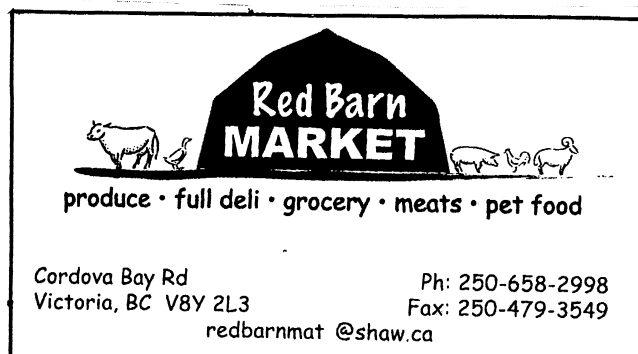


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Non-profit society appeals for relief supply donations

FIVE CONTAINERS holding shoes, boots, sweaters and winter clothing are due to travel to Moldavia, the Ukraine and Belarus in the next few weeks and the Compassionate Resources Warehouse organizing the huge shipment is appealing for donations, including toys.

Saanich councillor Leif Wergeland, who lives in Cordova Bay, is the driving force behind this non-profit society which over the past 10 years has been involved in sending more than 250 40-foot containers to more than 645 different countries.

The latest shipment will go to orphan-ages, homes for those with physical or mental disabilities, homes for seniors and rehabilitation centres. Any summer clothing donated will be sent to the Philippines to aid typhoon victims.

"Our community can help make this a happier and warmer Christmas for people that have so little by sharing items we no longer wear," says Councillor Wergeland. "We ask that clothing be clean and in excellent condition and that toys be clean with all the pieces."

Drop-off locations are at Lumber World, 3955 Quadra Street and Dodd's Furniture, 715 Finlayson Street on November 19, 20 and 21, and December 3, 4 and 5 from 8:00 a.m. to 6:00 p.m. each day.

For more information phone 250-658-6552 or cell 250-888-6490.

Calico Cupboard moves to Cordova Bay Plaza

CALICO Cupboard, the country quilt shop at Mattick's Farm, has moved to the Cordova Bay Plaza, occupying the premises vacated by Cordova Bay Variety Store which closed with little notice at the end of August.

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SAFE BOATING

*By Patricia Sparks, N Member of the
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Fire on board!

THE RECENT fires in three marinas lead me to some serious thought on possible causes.. All three were on board moored vessels

In order to keep the inside of a boat clear of moisture, mould and possible deterioration of the cabinetry and upholstery it is important to ensure that there is adequate ventilation and a little bit of warmth. What though, could cause a fire in a vessel moored and unattended at a marina? For the protection of your own vessel it is important that you go over the safety aspects of the equipment used to protect your boat over the winter months.

Electrical malfunction such as an incorrectly wired electrical device that has no fuse protection, or is not properly grounded. Result could be an overheated wire causing fire. Some heaters can draw a lot of current. Low voltage convection heaters can be purchased at chandleries, they are more than adequate and do a fantastic job keeping your boat warm and dry.

Propane Tanks – the bottom of the tanks can corrode well before their expiry date (we have seen this upon removal of cylinders from our own boat). Tanks should be in a secure locker with venting, but this is not always the case. Any leakage from tanks, or valves, can find its way into the bilge, where the fumes become a waiting time bomb. Talking about propane, ensure that it is turned off before

leaving your vessel.

A common practice is to leave a **light bulb** on in the engine compartment. This does work well, however the bulbs get very hot and care should be taken to ensure they are not touching anything other than metal.

If you go to the marina to start your engine, don't forget to sniff for **fumes** and use the blower.

A pair of **spectacles, a magnifying glass, binoculars**, etc., left at an angle through which the sun's rays shine directly can easily cause paper, lichen (a treasure from beachcombing), or other items to catch fire.

Damp BBQ briquettes, a bag full of oily rags, etc., can cause spontaneous combustion. If you have a BBQ on board, make sure you take the briquettes home – they are very volatile.

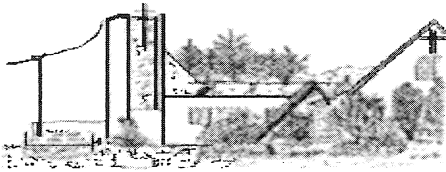
Laptops (a boat burnt to the water line this year in Desolation Sound – that was the identified cause)

Plain old fashioned, **“Human Error”**

For those of you who still do not have a Personal Craft Operator Certificate, but have:

1. Completed a boating safety course in Canada prior to April 1, 1999, or
2. Completed a rental-boat safety checklist or
3. Hold any certificate on the List of Certificates of Competency, Training Certificates and other Equivalencies you must have the certificate with you. As they are usually larger and more cumbersome to carry around, Transport Canada has arranged with providers to issue a PCOC to you upon proof of your competency. The list of qualifying certificates can be found at <http://www.tc.gc.ca/marinesafety/debs/obs/courses/pcoc/list-marine-safety-certif.htm>

Safe boating!



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ALL ARE WELCOME

To all readers we pray that your summer has been a time of enjoyment - with either family and/or friends getting together - or having the ability to sit back to think about what life has given you.

If you attend a church, synagogue, mosque or temple may you be aware of God's blessing. If you believe that God is Creation and that we are all part of Creation, then it follows that we are each and every one of us a part of God. We have a personal invitation to take part in an eternal journey. Whether we complete that journey is basically up to us. We believe that in Jesus showing God as a loving father we are all related in spirit. The Holy Spirit will uplift and support us no matter what happens in life. Jesus professed the equality of male and female - many through the ages have erroneously professed otherwise which has created turmoil and hardship in many parts of the world.

May each of us attempt to do our part of loving, caring and sharing so that eventually this world will be what God intended it to be. Again - we are on the first phase of a long journey - whether rich man, poor man, beggar or thief, we've all been invited.

We invite you to share our Anglican expression of faith in Father, Son and Holy Spirit.

Amen and God bless.

For information contact Canon Bill Morrison

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Art Club. We have an art club for all those
interested, including those in the community.

This is held every second Saturday from
August 29 at 9:30 a.m. in the old church hall .

"Thirst for Justice" is a group at Elk Lake
Baptist that is trying to better understand and
respond to the growing world-wide water
crisis. This group recently hosted a showing
of the film "A World Without Water." More
activities are being planned for the future.

*If you are interested in any of the above
programs or would like more information
about our church, phone 250-658-8111 or see
our website, www.elklakebaptist.com.*

Cosmetic industry has some shocking secrets

By Dr. Lance Setterfield

RECENTLY I had the honor of proofreading a cosmetic chemistry book. What an eye opener! I learned the reasons why all those unpronounceable chemicals appear on the back of a label. It is impossible to create some formulations without adding preservatives or fragrances of some sort. I also learned a few shocking industry secrets.

Mrs. Public is demanding safer, more natural products. In response, the industry has become creative in pandering to the calls for paraben-free, fragrance-free, chemical-free, all-natural, etc., leaving the consumer with the impression that products are free of these, when they aren't.

Cosmetic labels show ingredients listed in order of quantity in the overall formula, the first being the predominant ingredient, the last being the least. Active ingredients are most susceptible to marketing hype.

The industry knows certain things are in demand and uses compounds containing these in low doses for the sole purpose of label claims, and to keep the price down. (Known as "angel dusting".)

"Natural" does not mean harmless, as many believe. One would assume that one couldn't do without "essential oils", and that their origin from botanicals makes them safe. But lavender oil may cause dermatitis. Grapefruit seed extract can cause brown spots, and palm oil, olive oil or shea butter can cause blackheads and acne.

With today's technology there should be no excuse for poor formulations. However, old-fashioned and questionable formulations continue to be marketed to the skin treatment industry. Price will always be the driving force for formulators, and the old proverb, "you get what you pay for" applies. Consumers beware! Are you wasting your money?

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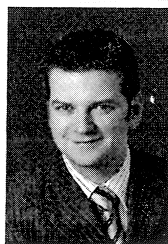
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Cordova Bay United Church

813 Claremont Avenue

Rev. Bill Cantelon

Beth Walker

Pat Shumka

Congregation Ministry

Children & Family Ministry

Music Ministry & Organist

Church office hours: Monday - Friday 9:00 a.m. - 1:30 p.m.

Phone: 658 5911 ~ Fax 658 5937 ~ email: office@cbunited.ca ~ website: www.cbunited.ca



Worship Service ~ Sundays @ 10:00 am

Advent/Christmas Worship Schedule:

Sun. Nov. 29th - 10:00 a.m. First Sunday of Advent

- 7:00 p.m. - Evening

Sun. Dec 6th - 10:00am - Second Sunday of Advent

- 7:00 p.m. - Evening

Sun. Dec 13th - 10 am - "Christmas Through Song"

- 7:00 p.m. - Evening

Sun. Dec 20st - 10 am - Club D6:5 Christmas Pageant and White Gift

- 7:00 p.m. - Evening

Thurs. Dec 24th - 4 pm - Nativity Drama with Candle Lighting

(geared towards families with young children)

Thurs. Dec 24th - 8 pm - Lessons, Carols & Candle Lighting



Children & Family Ministry

Club D 6:5 - Sundays at 10 am ~ Look up Deuteronomy chapter 6 v 5.1

Sunday School Time is for children, ages 3 years and up.

This time is filled with music, stories, prayer & offering.

Join us as we venture through the Whole People of God curriculum.

Youth Groups ~ If you would like more information about our dynamic youth gatherings, contact Beth Walker in the church office.



Healing Services ~ Everyone welcome.

Sun. Nov 15th ~ 7pm ~ Sun. Jan 10th ~ 7 pm

This is a quiet hour of singing, meditation, and candle lighting

A time to reconnect with God, the source of all healing, in the quiet and the stillness.



Cordova Bay United Church UCW

Luncheon/Tea, Bake & Craft Sale

Saturday, November 28th ~ 11:00 am - 2 pm

Wheelchair Accessible



Cordova Bay United are presenting a Christmas Season Benefit Concert...

BLUEGRASS CHRISTMAS SPECIAL

JOHN REISCHMAN & THE JAYBIRDS

Sat. December 5th

8:00pm - 10:30pm doors at 7:30pm

Tickets: \$25 cash or cheque at the door

Proceeds from ticket sales will go to Local Outreach in Victoria this Christmas

Carrot Seed Preschool

813 Claremont Avenue

Phone: 250-658-2331

Email: carrotseed@cbunited.ca

Web: www.carrotseedpreschool.com

Ages 3 - 5 years ~ 2, 3, and 5 day programs

Spaces Available

The Carrot Seed is where children can wonder, discover, imagine, construct and learn through play in a wonderfully rich environment. Spacious natural playground.

"For children, this is just a whisper, a brief moment, in which they can enjoy the richness of childhood spaces".